# service+



## Bowl Food Menus 2023

Our bowl food menus offer something a bit more substantial to canapés and a lighter alternative to a full meal or buffet without the need for formal seating. Our selection of dishes includes both fashionable and favourites in an innovative 'one bowl'

### presentation.

#### £36.00 + VAT per person

Please select a maximum of five bowls (one of which should be a cold savoury option).

Additional bowls can be added at a surcharge.

#### COLD

- Homemade gravlax, crab and tiger prawn cocktail, Marie rose sauce, baby gem lettuce and roasted beetroot
- Coronation chicken salad, kachumber, crisp radicchio and baby watercress

#### нот

- Shin of beef with a Vietnamese broth with rice noodles, poached quails egg Thai herbs 🔻
- Slow cooked pork belly with a chorizo pepperonata goulash
- Panko breaded smoked haddock goujons with a lemon and parsley tartare
- Strips of Suffolk pork in an apple, cider and grain mustard sauce sage and onion mash 🕗
- Thai green chicken curry with chilli and ginger sticky rice
- Pistachio nut crusted Lamb Wellington wrapped in Parma ham with a Pinot noir jus(N)(A)
- Salt and pepper dusted salmon strips on a lemon verbena and baby spinach risotto with micro coriander cress

#### **Vegetarian Options:**

#### COLD

- Crispy tofu, avocado and Sicilian vegetable salad with baby spinach and tomato salsa
- Feta cheese, beef tomato and chick peas with olives, cos lettuce and guacamole

#### HOT

- Risotto of butternut squash, minted pea, charred bell pepper and feta cheese
- Sweet potato, lentil and aubergine tikka masala with chota naan and saffron rice
- Heritage tomato, spinach and red onion tart with rosary goats cheese
- Roasted courgette, sun blushed tomato and basil pasta with crème fraiche
- Mushroom, spinach and heirloom vegetable wellington with camembert and roasted pepper sauce •

#### DESSERTS

- Seasonal fruit salad skewers
- Chocolate Orange cheesecake with Cointreau cream (A)
- Lemon and raspberry tart
- Strawberry Eton Mess trifle (A)
- Black forest gateau slice cherry compote (A)

(Please note bowl food is suitable for maximum numbers of 150 over a one hour period or numbers of 170 over a period of one and a half hours)

(A= Contains alcohol, N= Contains nuts, *Solution* Low carbon meal, Healthy option)

To the best of our knowledge we do not use ingredients produced from genetically modified maize and/or soya.

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